



CLAYTON COUNTY PARKS AND RECREATION

FALL 2010

THE LEISURE CONNECTION



Featured Cover Photo
 Reynolds Nature Preserve
 5665 Reynolds Road
 Morrow, Georgia
 Phone: 770-603-4188

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*If you are interested in advertising in the
 Leisure Connection, please contact the
 Marketing and Sales Office for rates
 and additional information.*

Phone: (770) 603-4005
 Email: claytonparks@co.clayton.ga.us

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Clayton County
Board of Commissioners

Eldrin Bell,
Chairman

Sonna Singleton,
Commissioner: District 1

Gail Hambrick,
Commissioner: District 2

Wole Ralph,
Vice Chairman, District 3

Michael Edmondson,
Commissioner: District 4



Clayton County Board of Commissioners

(Pictured left to right)
Seated: Michael Edmondson, Eldrin Bell, Gail Hambrick
Standing: Wole Ralph, Sonna Singleton

Parks and Recreation
Advisory Board Members

Tony Antoine,
Chair

Janie Griffin,
Vice Chair

Jim Buckman

Michael Cooper

Barbara Cutts-Griffin

Jarvis Jackson

Russell Tod Nichols II

Clayton County Parks and Recreation Department

Mission Statement:

The mission of the Clayton County Parks and Recreation Department is to foster leisure activities, pursuits and experiences through the provision of a safe and well maintained park system, comprehensive and affordable recreation programs and facilities to the citizens of Clayton County.

Vision Statement:

Clayton County Department of Parks and Recreation strives to engage and connect communities through people, parks and programs by providing a diverse offering of events and activities within our parks and facilities while enhancing the quality of life for the residents of Clayton County.

2010 Parks and Recreation Staff



Smart Growth and Green Space: Developing Sustainable Communities



In the past decade we have come to hear more and more about applying principles of smart growth to urban and community design, that is strategies to reduce our energy consumption, produce multiple transportation options, and make our communities livable by becoming more pedestrian-friendly. If there is anything that the current recession has taught us about growth patterns to this point, it is that more often than not, our growth has allowed unbridled sprawl to eat up valuable open space, or to have schools located away from the neighborhoods where kids could walk or bike to them. Challenges that seem minor two or three years ago when resources were plentiful.

But there is one essential component of smart growth that has received little notice until recently, and that is the essential role that parks and high quality public green spaces play in truly smart growth.

To be sure, there simply can be no smart growth without high quality parks and public green spaces. So say not just park advocates, but also an increasing number of urban planners, landscape architects, as well as our Board of Commissioners as “green areas” are now being looked at more closely.

Making communities more walkable and bikable, providing a variety of transportation choices, improving access to places for physical activity, providing opportunities to improve individual and community health, and creating a mix of affordable housing choices near schools, shopping, and businesses are outcomes that don’t just make communities more attractive for economic development. They are also smart growth strategies for reducing infrastructure costs, improving services to taxpayers and protecting the environment, thus ultimately improving the quality of life in communities that implement them.

Many planners, landscape architects, and designers are coming to view the connection to nature and green space as one of the most important elements of making communities livable and sustainable.

Phone Directory

Information Hotline..... 770-473-5425

Administrative Office..... 770-477-3766

Administrative Staff

Detrick Stanford..... 770-477-3769
Director

Troy Hodges..... 770-603-4013
Assistant Director

Troy Stubbs..... 770-603-4000
Deputy International
Park Administrator

Nicole Horne..... 770-603-4159
Recreation Administrator

Ricardo Newman..... 770-473-5424
Deputy Park Administrator

Nathan Parrott..... 678-794-6900
Green Space Superintendent

Amy Keeney..... 770-473-5423
Marketing & Sales Manager

Athletic Division

Koboi Simpson, Superintendent 770-473-3952

Athletics (Parks)

Jonesboro / Rum Creek Park..... 770-473-5733

Lovejoy / Gerald Matthews..... 770-473-3800

Lovejoy Soccer Complex..... 770-473-5771

Morrow / Lake City Park..... 770-603-5294

Panhandle Park..... 770-473-5730

Flat Shoals Park..... 770-472-7623

Rex Park..... 770-473-5731

Clayton County International Park

Birthday Parties..... 770-603-4165

Catering/Rental Information VIP..... 770-603-4005

Muscle Beach Fitness Center..... 770-472-8093

Tennis Center..... 678-479-5016

Recreation Services

Jim Huie/Steve Lundquist Center..... 678-479-5136
Alan Dotson, Manager

Carl Rhodenizer Recreation Center.. 770-472-8042
Mario Henson, Manager

Virginia Gray Recreation Center..... 770-603-4001
Irma Monroe, Manager

Marketing and Sales..... 770-603-4005
Lindsey DeLong, Specialist

Reynolds Nature Preserve..... 770-603-4188
Stephanie Berens, Manager

The Leisure Connection - www.claytonparks.com

SESSION DATES:

Session I / 5 weeks
Registration Dates: August 2 - 22
Classes Begin: August 16 - September 18

Session II / 5 weeks
Registration Dates: September 13- October 2
Classes Begin: September 27 - October 30

Session III / 5 weeks
Registration Dates: October 25 - November 13
Classes Begin: November 8 - December 11

FACILITIES CLOSED:

Monday, September 6, 2010
in observance of Labor Day

Thursday & Friday, November 25-26, 2010
in observance of Thanksgiving Holiday

Thursday & Friday, December 23-24, 2010
in observance of Christmas Holiday

Friday, December 31, 2011
in observance of New Year's Day

**Please note that classes and times are subject to change without notice. Please check the website for updated information.*

Hours of Operation

(Closed on Holidays)

Administrative Office Hours:

Monday through Friday 8:00am until 5:00pm

Athletics:

Monday through Friday 8:00am until Dusk

International Park:

Monday through Friday 8:00am until Dusk

Recreation Centers:

Monday through Friday 8:00am until 9:00pm
Saturday 9:00am until 6:00pm

Reynolds Nature Preserve:

Monday through Friday 8:00am until Dusk

Tennis Center:

Monday through Friday 9:00am until 9:00pm
Saturday 9:00am until 6:00pm
Sunday 12:00pm until 6:00pm

Map and Park Amenities

COMMUNITY & REGIONAL PARKS

- 1 **FLAT SHOALS PARK**
1915 Flat Shoals Road, Riverdale
770-472-7623
- 2 **GERALD MATTHEWS SPORTS COMPLEX**
1935 McDonough Road, Hampton
770-473-3800
- 3 **INDEPENDENCE PARK**
8970 Thomas Road, Jonesboro
- 4 **J. CHARLEY GRISWELL PARK AT RUM CREEK**
1303 Government Circle, Jonesboro
770-473-5733
- 5 **MORROW LAKE CITY PARK**
5555 North Lake Drive, Lake City
770-603-5294
- 6 **PANHANDLE PARK**
10930 Panhandle Road, Jonesboro
- 7 **REX PARK**
3499 Rex Road, Rex
- 8 **REYNOLDS NATURE PRESERVE**
5665 Reynolds Road, Morrow
770-603-4188

ADDITIONAL FACILITIES

- 9 **CLAYTON COUNTY INTERNATIONAL PARK**
2300 Highway 138 S. E., Jonesboro
Main Office: 770-477-3766
Marketing & Sales: 770-603-4005
Muscle Beach Fitness: 770-472-8093
Tennis Center: 678-479-5016
- 10 **JESTERS CREEK/GREENWAY**
844 Jester Lake Drive, Jonesboro

NEIGHBORHOOD PARKS

- 11 **BONANZA PARK**
10574 Panhandle Road, Jonesboro
- 12 **GRANT ROAD PARK**
4255 Grant Road, Ellenwood
- 13 **J. W. ARNOLD PARK**
140 Irvin Street, Jonesboro
- 14 **KEY STREET PARK**
Key Street, Jonesboro
- 15 **LEE STREET PARK**
140 Smith Street, Jonesboro
- 16 **MADDOX ROAD PARK**
6650 Maddox Road, Morrow
- 17 **PARADISE PARK**
5455 Attacks Boulevard, Morrow
- 18 **PINE CIRCLE PARK**
5761 Pine Circle, Ellenwood
- 19 **REID STEPHENS PARK**
2624 Walt Stephens Rd., Jonesboro
- 20 **SIGMA CHI MEMORIAL PARK**
11095 Tara Boulevard, Jonesboro

COMMUNITY CENTERS

- 21 **CARL RHODENIZER REC. CENTER**
3499 Rex Road, Rex
770-472-8042
- 22 **JIM HUIE REC. CENTER**
9045 Tara Blvd., Jonesboro
678-479-5136
- 23 **STEVE LUNDQUIST AQUATICS FACILITY**
9045 Tara Blvd., Jonesboro
678-479-5135
- 24 **VIRGINIA BURTON GRAY CENTER**
1475 East Fayetteville Road, Riverdale
770-603-4001



Clayton County Parks and Recreation Department

Legend

- BIKING/TRAILS
- VOLLEYBALL
- TENNIS
- WALKING/TRAILS
- PLAYGROUND
- PICNIC AREAS
- BASEBALL/SOFTBALL
- RESTROOMS
- CONCESSIONS
- POOL
- CATERING KITCHEN
- MULTIPURPOSE ROOM
- BASKETBALL
- WEIGHTROOM
- GYMNASIUM
- SOCCER FIELDS
- FOOTBASE/SOFTBALL

Indoor Facility Rentals



LOCATION	Carl Rhodenizer Recreation Center					
Reservations: 770-472-8042	Weekday Fees	Weekend Fees	Capacity	Capacity (Banquet)	Capacity (Theater)	Capacity (Classroom)
Community Room	\$50/hr	\$100/hr	130	130	130	130
Gym Rental	\$75/hr	\$150/hr	250	250	250	250
Conference Room	\$25/hr	\$50/hr	30	30	30	30
Multi-Purpose Room	\$25/hr	\$50/hr	30	30	30	30

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

LOCATION	Virginia Burton Gray Recreation Center					
Reservations: 770-603-4001	Weekday Fees	Weekend Fees	Capacity	Capacity (Banquet)	Capacity (Theater)	Capacity (Classroom)
Community Room	\$50/hr	\$100/hr	130	130	130	130
Gym Rental	\$75/hr	\$150/hr	250	250	250	250
Conference Room	\$25/hr	\$50/hr	30	30	30	30
Multi-Purpose Room	\$25/hr	\$50/hr	30	30	30	30

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

LOCATION	Jim Huie Recreation Center					
Reservations: 678-479-5139	Weekday Fees	Weekend Fees	Capacity	Capacity (Banquet)	Capacity (Banquet)	Capacity (Classroom)
Community Room	\$50/hr	\$100/hr	130	80	120	60
Gym Rental	\$75/hr	\$150/hr	250	N/A	N/A	N/A
Art Room	\$25/hr	\$50/hr	60	40	50	30
Ceramics Room	\$25/hr	\$50/hr	60	40	50	30

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

LOCATION	Steve Lundquist Aquatic Center		
Reservations: 678-479-5139	Fees	Capacity	Additional Information
Lane Rental	\$100/hr	600	(Each additional hour \$100)
Daily Pool Rental (Swim Meets Only)	\$600/per hrs	600	(Each additional hour \$100)
Equipment Rental	\$250	Lane laps, starting blocks, timing systems with scoreboards.	
Lifeguards	\$10 per hr	(Minimum 4 guards per rental required)	
Maintenance	\$20 per hour	(Minimum 1 staff per rental required)	
Setup	\$25		

**Minimum 2 hour Rental / \$150 Refundable Security Deposit Required
There is a \$25 Non-Resident Fee for all Rentals**

Outdoor Facility Rentals

*Please note that Pavilion rentals, when used in conjunction with additional functions or events outside the parameters of the pavilion, a completed Special Facility Form and prior approval may be required. For additional information please call (770) 477-3766.

Clayton County International Park Pavilion Rentals

A \$150 refundable clean-up fee is required on all rentals in addition to rental fees.
All fees are due at time of booking.



BEACH PAVILIONS	CAPACITY	RENTAL FEE
St. John	500+	\$800.00
St. Martin	500+	\$800.00
St. Kitts	500+	\$700.00



Rental of all on-beach pavilions require the purchase of a beach ticket in order to access the pavilion. Admission tickets to Beach Pavilions are \$8.00 per guest only when pre-purchased. The \$8.00 fee includes beach admission, miniature golf, beach volleyball and horseshoes. Beach Pavilion rentals must provide a load-in and load-out time for client to bring in food and supplies. This time may not exceed one hour. Beach Pavilions are available for rental during the Beach Season only. Wednesday and Thursday from 10AM-6PM, Friday 11AM-6PM, Saturday 10AM-7PM, and Sunday 1PM-7PM. With a valid driver's license, Volleyball and Horseshoes can be checked out during the Beach Season at no cost.



PARK PAVILIONS	CAPACITY	RENTAL FEE
St. Thomas	200+	\$600.00
St. Vincent	100+	\$300.00
Sports Pavilion	100+	\$300.00
Grand Cayman	100+	\$300.00
San Juan	100+	\$300.00
St. Barts	75+	\$300.00



Fees for Park Pavilions include only the Pavilion. Access to The Beach requires an additional cost. Park Pavilions are available for rental everyday from 10AM until 8PM with the exception of some holidays. With a valid driver's license, Volleyball and Horseshoes can be checked out during the Beach Season at no additional cost.

Clayton County Parks and Recreation Park Pavilions

Location	Rental Fee	Size of Grills	Capacity
Pine Circle Park	Complimentary	1 Grill (4X7)	32
Grant Road Park	Complimentary	1 Grill (4X7)	20

The pavilions listed above are complimentary and are available on a first come basis.

Water and electrical outlets are not available at the pavilions listed above.

The park hours are 8:00am to dusk.

Location	Rental Fee	Size of Grills	Capacity
Rum Creek	\$40/2 hour minimum	None	32
Flat Shoals	\$40/2 hour minimum	1 Grill (3X4)	48
Gerald Matthews	\$40/2 hour minimum	None	32
Panhandle	\$40/2 hour minimum	2 Grills (15X20) and 1 Grill (28X26)	26

\$10 for each additional hour

Pavilions on Sunday are available on a first come basis unless reserved for a tournament.

Pavilion rental includes a covered picnic area, picnic tables and grills where noted.

Park Pavilion Rentals: 770-473-3952

Recreation Center Fees and Hours of Operation



**Carl Rhodenizer
Recreation Center**
3499 Rex Road
Rex, GA 30273
(770) 472-8042



**Jim Huie / Steve Lundquist
Recreation Center**
9045 Tara Blvd.
Jonesboro, GA 30236
(678) 479-5134



**Virginia Burton Gray
Recreation Center**
1475 E. Fayetteville Rd.
Riverdale, GA 30274
(770) 603-4001

Facility Hours of Operation		
Monday-Friday 8:00am-9:00pm/Saturday 9:00am-6:00pm/Sunday Closed		
Recreation Center Usage Fees		
Resident Status	Resident	Non-Resident
Daily (Youth)	\$2.00	\$3.00
Daily (Adult)	\$3.00	\$5.00
Monthly (Youth)	\$15.00	\$20.00
Monthly (Adult)	\$20.00	\$25.00
Monthly (Senior)	N/A	\$15.00
Yearly (Senior)	\$5.00	N/A
3 Months (Youth)	\$40.00	\$45.00
3 Months (Adult)	\$55.00	\$60.00
*Monthly Family	\$35.00 (2 Person Max)	\$45.00 (2 Person Max)
* 3 Months Family	\$95.00 (2 Person Max)	\$105.00 (2 Person Max)
Categories: Youth 5-17/Adult 18-54/Senior 55+		
*Up to 8 additional family members may be added to a family pass for an additional \$10 per person at the time of initial purchase. - Monthly and 3 month passes are transferable to any Recreation Center. - Passes include use of Gymnasium, Swimming Pool, Fitness Center, Game Room, and Walking Track (Refunds will not be given for usage fees)		

Pool Hours				
Pool Hours are Subject to Change without Notice				
Carl Rhodenizer Recreation Center	Jim Huie/Steve Lundquist Recreation Center		Virginia Burton Gray Recreation Center	
Open Swim	Open Swim	Lap Swim	Open Swim	Lap Swim
Monday - Friday 1:30pm-8:30pm POOL CLOSSES on 9/5/10 for the Season	Monday-Friday 8:00am-5:45pm	Monday-Friday 8:00am-7:30pm	Monday/Wednesday 9:00am-4:30pm Tuesday/Thursday 9:00am-5:30pm Friday 9:00am-8:00pm	Monday-Friday 9:00am-8:00pm *There will always be one lane for lap swim. Maximum number of swimmers per lane is two people.
Saturday 9:00am-5:00pm	Saturday 9:00am-5:00 pm	Saturday 9:00am-5:00pm	Saturday 11:00am-5:00pm	Saturday 9:00am-5:00pm

Lakeview Events / VIP Complex at Clayton County International Park

Meetings

Parties

Weddings and Receptions

Corporate Events

All fees are due at time of booking and made payable to Clayton County Board of Commissioners or CCBOC. Acceptable forms of payment include credit cards, checks or money orders.

Week Day (M-Th) (8 AM to 5 PM).....	\$150.00 Per Level
Week Night (M-Th) (6 PM to 10 PM).....	\$350.00 Per Level
Weekend (Friday/Saturday/Sunday - 8 Hours).....	\$750.00 Per Level
	\$1300.00 Level 1 & 2
Additional Time (Per Hour).....	\$100.00
Refundable Clean-Up Fee.....	\$350.00 Per Level
	\$500.00 Level 1 & 2
Wedding and Rehearsal Package	
*Friday Night (5 PM to 10 PM).....	\$250.00 Per Level
Saturday (8 Hours).....	\$750.00 Per Level
Additional Time (Per Hour).....	\$50.00
Refundable Clean-Up Fee.....	\$350.00



*This package does not include a clean-up or a set-up change of the room between the two events.

Lakeview Events (VIP Complex) offers two levels of space suitable for corporate meetings, seminars, wedding/receptions, parties or special events. With each level containing a dance floor, Level 1 can accommodate 272 people for a buffet style dinner while Level 2 can accommodate 112 people for buffet style dining. The Bridal Suite is available with Level 1 rental only.

Alcohol Permits and Fees at International Park

All events requesting the use of alcohol must have a licensed alcoholic beverage caterer and obtain a permit through the Community Development Office. Before a permit can be issued, a Customer Request for Alcohol form must be completed through the Sales Office to redeem at the Community Development Office. Fees are associated with obtaining a permit through Community Development. To view the Clayton County Ordinance visit the county website at www.co.clayton.ga.us. Clayton County Ordinance: Chapter 6 - Alcoholic Beverage / Article VIII Alcoholic Beverage Caterer Section 6-203 and Section 6-204. It is the responsibility of the customer to obtain copies of the permit issued by Community Development and bring to the Sales Office at International Park to have on file. Permits must be completed 30 days prior to an event. Security must be purchased and reserved for the duration of the event through the Sales Office at International Park 30 days prior to an event at a fee of \$45.00 per hour with a three hour minimum. For any questions or concerns please contact a representative from the Sales Office at International Park (770) 603-4005.

Chaperone Requirements

Groups of children 18 years old and under: One adult chaperone per 20 children and one security officer per 150 children.

Additional Rentals (Per Day)

Easel.....	\$5.00
Overhead projector (available only on Level 2).....	\$30.00
6' x 6' Projector Screen Indoor.....	\$75.00
6' x 6' Projector Screen Outdoor.....	\$150.00
Easel Writing Pads	\$ 20.00
Podium/PA	\$ 75.00
TV and VCR	\$ 50.00
Wedding Furnishings Package	\$150.00
DJ (4 Hours).....	\$695.00
DJ (5 Hours)	\$795.00
Trailer Grill.....	\$150.00



Tennis Classes

Session I: August 23 - September 25 Session II: October 4 - October 30 Session III: November 8 - December 11

Classes are offered every four weeks. Please sign up before the date of the first class.

Hours, Dates, and Instructors are subject to change

JUNIOR PROGRAMS

LITTLE STARS (Beginners) - Fee includes one class per week.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-4	M or W SAT	4:30-5:00pm 9:00-9:30am	Aug 16-Dec 11	International Park	Yusef Crowe	\$35 / 4 weeks

FUTURE STARS (Beginners) - Fee includes one class per week.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-17	M or W SAT	4:30-5:00pm 9:30-10:30am	Aug 16-Dec 11	International Park	Yusef Crowe	\$50 / 4 weeks

RISING STARS (Advanced Beginner) - Fee includes one class per week.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-17	M or W SAT	6:00-7:00pm 10:30-11:30am	Aug 16-Dec 11	International Park	Yusef Crowe	\$50 / 4 weeks

ALL STARS (Intermediate) - Fee includes one class per week.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-17	M or W SAT	6:30-8:00pm 11:30-1:00pm	Aug 16-Dec 11	International Park	Yusef Crowe	\$50 / 4 weeks



ADULT PROGRAMS

BEGINNERS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	T	7:00-8:00pm	Aug 23-Dec 11	International Park	Thomas Law	\$60 / 4 weeks
18+	SAT	9:30-10:30am	Aug 23-Dec 11	International Park	Thomas Law	\$60 / 4 weeks
18+	SAT	10:30-11:30am	Aug 23-Dec 11	International Park	Thomas Law	\$60 / 4 weeks

ADVANCED BEGINNERS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	TH	7:00-8:00pm	Aug 23-Dec 11	International Park	Thomas Law	\$60 / 4 weeks
18+	SAT	11:30-12:30pm	Aug 23-Dec 11	International Park	Yusef Crowe	\$60 / 4 weeks

INTERMEDIATE I

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	M	7:00-8:00pm	Aug 23-Dec 11	International Park	Yusef Crowe	\$60 / 4 weeks
18+	SAT	11:30-12:30pm	Aug 23-Dec 11	International Park	Yusef Crowe	\$60 / 4 weeks

INTERMEDIATE II

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	W	7:00-8:00pm	Aug 23-Dec 11	International Park	Thomas Law	\$60 / 4 weeks
18+	SAT	11:30-12:30pm	Aug 23-Dec 11	International Park	Stephon Relaford	\$60 / 4 weeks

(There is an additional \$10.00 Fee for all non-resident participants)

Fitness Classes

POWER SCULPTING

Participants use special weights, tubes, and discs called "gliders" to give a resistance workout. This class is for Intermediate and Advanced ONLY, no beginners please.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	6:45-8:00pm	Aug 16-Dec 11	Jim Huie	Doris Walker	Session I, II, III: \$30
15+	T/TH	9:15-10:30am	Aug 16-Dec 11	Jim Huie	Diana Griffin	Session I, II, III: \$30

GLUTES & ABS

Upper body workout with hand weights and rubber tubes combined with lower body workout for gluts, legs, and abs.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	M/W	7:30-8:30pm	Aug 16-Dec 11	Virginia B. Gray	Reginald Bohannon	Session I, II, III: \$20

PILATES

Works the muscles from the inside out (core stabilization) performed on a mat.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
16+	T	6:30-7:30pm	Aug 16-Dec 11	Virginia B. Gray	Rhonda Shelton	Session I, II, III: \$20

HATHA YOGA

A combination of breathing, physical postures, and meditation exercises that enhance the mind, body and soul.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	7:00-8:00pm	Aug 16-Dec 11	Jim Huie	Johnny Furlow	Session I, II, III: \$35
15+	T	7:00-8:00pm		Carl Rhodenizer	Dr. Tri Le	Session I, II, III: \$24

SPINNING - Beginner/Intermediate/Advanced

Participants join the instructor for 40-50 min ride on a specially designed bike that allows you to increase the resistance to simulate going up hill, riding in a bike race and riding on flat ground.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:00-7:00pm	Aug 16-Dec 11	Jim Huie	Doris Walker	Session I, II, III: \$20
15+	T/TH	12:15-1:15pm	Aug 16-Dec 11	Jim Huie	Debbie Wes	Session I, II, III: \$20
15+	SAT	11:15-12:15pm	Aug 16-Dec 11	Jim Huie	Lauren Lacy	Session I, II, III: \$10

DO THE RIGHT THING

Learn the proper way to use fitness center equipment to increase efficiency and effectiveness while working out.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	TH (2nd)	7:00-8:00pm	Sept 9, Oct 14 Nov 11, Dec 9	Virginia B. Gray	Staff	No Charge

PEE WEE BASKETBALL CAMP

This class teaches the rules and regulations of basketball, ball handling, shooting, ball movement, and free throws.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	SAT	10:00-12:00pm	Aug 16-Dec 11	Virginia B. Gray	Reginald Cofield	Session I, II, III: \$30
3-5	M/W	6:00-7:00pm	Aug 16-Dec 11	Virginia B. Gray	Reginald Cofield	Session I, II, III: \$30

FUNDAMENTALS OF BASKETBALL

Students will learn the history of basketball, dribbling, free throws, shooting and passing. Limited to 10 participants.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-12	M/W	6:00-7:00pm	Aug 16-Oct 30	Virginia B. Gray	Reginald Cofield Sr.	Session I, II: \$30
6-12	M/W	7:00-8:00pm	Nov 8-Dec 11	Virginia B. Gray	Reginald Cofield Sr.	Session III: \$30
13-17	M/W	7:00-8:00pm	Aug 16-Oct 30	Virginia B. Gray	Reginald Cofield Sr.	Session I, II: \$30
13-17	M/W	8:00-9:00pm	Nov 8-Dec 11	Virginia B. Gray	Reginald Cofield Sr.	Session III: \$30
4-15	W	6:00-7:00pm	Aug 16-Dec 11	Jim Huie	Coach Teddy	Session I, II, III: \$15

VOLLEYBALL

Open for public play, all experience levels welcomed.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7+	SAT (2nd)	3:30-4:30pm	Aug 16-Dec 11	Jim Huie	Staff	General Admission Charge
All	SAT	10:00-12:00pm	Aug 16-Dec 11	Carl Rhodenizer	Coach Benn	No Charge

Fitness Classes

BODY SCULPTING

This class is designed to tone areas and define your shape by using various techniques that will transform your body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	7:15-8:15pm	Aug 16-Dec 11	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$24

CARDIO KICKBOXING

Cardiovascular conditioning with a Tae Bo style workout. High energy class that works all the muscles in the body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	SAT	10:00-11:00am	Aug 16-Dec 11	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$24
15+	M/W	7:30-8:30pm	Aug 16-Dec 11	Virginia B. Gray	Rhonda Shelton	Session I, II: \$42/\$35

TOTAL BODY WORKOUT

A basic step class that incorporates resistance, hand weights and floor exercise. (B) Indicates Beginner Level.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	7:15-8:15pm	Aug 16-Dec 11	Jim Huie	Lauren Lacy	Session I, II, III: \$20
15+	M/W/F	9:15-10:15am	Aug 16-Dec 11	Jim Huie	Caren Gibson	Session I, II, III: \$30
15+	M/W	5:30-6:30pm	Aug 16-Dec 11	Jim Huie	Gwen Bennett	Session I, II, III: \$20
15+	SAT	10:00-11:00am	Aug 16-Dec 11	Jim Huie	Gwen Bennett	Session I, II, III: \$10
10+ (B)	T/TH	6:15-7:15pm	Aug 16-Dec 11	Virginia B. Gray	Sonya Jefferson	Session I, II, III: \$20
12+ (B)	T/TH	7:30-8:30pm	Aug 16-Dec 11	Virginia B. Gray	Enid Pigors	Session I, II, III: \$20
10+	M/W	6:15-7:15am	Aug 16-Dec 11	Virginia B. Gray	Sonya Jefferson	Session I, II, III: \$20
12+	SAT	9:00-10:00am	Aug 16-Dec 11	Virginia B. Gray	Enid Pigors	\$2 per day (Drop In)

BOOT CAMP

Get your mind right and your body tight. A challenging program designed to get you in top physical condition.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:00-7:00pm	Aug 16-Dec 11	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$85
	SAT	8:15-9:15am				

HIP HOP AEROBICS

A low impact aerobic exercise that uses simple dance moves while listening to hip hop music.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
16+	T/TH	7:45-8:30pm	Aug 16-Dec 11	Virginia B. Gray	Rhonda Shelton	Session I, II, III: \$20

KIDS FUNDAMENTALS

Shooting, passing, dribbling, and defensive positioning will be taught. Space is limited. This activity will take place in Gym 1.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	W (2nd (4th)	6:00-7:00pm	Aug 16-Dec 11	Carl Rhodenizer	Coach Benn	No Charge

WALKING CLUB

Each member will keep a daily log of laps that they walk on the indoor track. Meetings will be held monthly to discuss progress, encourage one another, plan activities, etc. Prizes will be given at the end of each session for the most laps.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
50+	W SAT	7:30pm 9:00am	Aug 16-Dec 11	Carl Rhodenizer	Staff	No Charge

INDOOR SOCCER

Provide your child the opportunity to take part in a non-competitive sport. Soccer skills such as dribbling, passing and trapping, and shooting will be taught over a one month span. Registration will take place in the month of October. Please contact your local recreation center for more information. Practice and games are on Saturdays.

MEN'S BASKETBALL

Come and bring your team for a competitive men's basketball league. \$480.00 per team includes 10 games and tournament. Church League games will be played on Mondays at 7:00pm, 8:00pm and 9:00pm. Open league games will be played on Tuesday at 7:00pm, 8:00pm and 9:00pm. Register August 2010. Please contact Shacole Pearman at 678-479-5134 for more information.

MUSCLE BEACH FITNESS CENTER

No binding contracts - only breakthrough results! Certified Trainers are available. Full gym equipped with strength machines, free weights and cardio equipment. Hours of operation are Monday through Friday 6:00am until 9:00pm, Friday 6:00am until 8:00pm, and Saturday 9:00am until 5:00pm. Please contact the fitness center for membership rates (770) 472-8093.

Youth Athletics

(There is an additional \$10.00 Fee for all non-resident participants)

YOUTH LEAGUES

Youth Basketball

Clayton County Youth Basketball Registration for the winter 2011 season will take place the first week in November (1st-6th), Monday-Friday from 5pm-8pm, and Saturday 10am-4pm. Registration will be held at the Virginia Gray, Jim Huie, and Carl Rhodenizer Recreation Centers. Kids ages 5 through 14 may participate. The Season opens January 8, 2011. The cost for registration is \$100 and may be paid in cash or money order. Nonresident participants must pay an additional \$10. Each player must provide a certified copy of their original birth certificate (with a raised seal). Birth certificates will be returned after all teams have been certified. The Clayton County Basketball League provides a game uniform (shorts and jersey), team picture package, and participation trophy for every athlete.

Youth Dance Team

Clayton County Youth Dance Team Registration for the winter 2011 season will take place the first week in November (1st-6th), Monday-Friday from 5pm-8pm, and Saturday 10am-4pm. Registration will be held at the Virginia Gray, Jim Huie, and Carl Rhodenizer Recreation Centers. Kids ages 7 through 14 may participate. The Season opens January 8, 2011. The cost for registration is \$50 and may be paid in cash or money order. Nonresident participants must pay an additional \$10. All participants will receive a dance uniform (yoga pants and a t-shirt) and participation trophy.

Youth Soccer

Clayton County Soccer Registration for the spring 2011 season will take place January 31st through February 5th, Monday-Friday from 5pm-8pm, and Saturday 10am-4pm. Registration will be held at the Jim Huie Recreation Center. Kids ages 3 through 17 may participate. The Season opens March 7, 2011. Kids ages 4 through 18 are invited to join the fun. The cost is \$80 for u4, \$100 for u6, and \$120 for u8 and older. The fee includes a jersey, shorts, socks, shin guards, a ball, a water bottle, a backpack, team pictures, and a participation award. Nonresident participants must pay an additional \$10. For more details and information, call 770.473.5771 or visit us on the web at www.claytoncountysoccer.org.

Youth Baseball

Clayton County Baseball Registration for the spring 2011 season will take place January 31st through February 5th, Monday-Friday from 5pm-8pm, and Saturday 10am-4pm. Registration will be held at the Virginia Gray, Carl Rhodenizer, and Jim Huie Recreation Centers, and the Nassau Building at Clayton County International Park (The Beach). Kids ages 3 through 14 may participate. The Season opens April 18, 2011. The cost is \$75 for u4, and \$115 for u6 and older. The fee includes a game uniform, team pictures, and a participation award. Participants must provide their own bat and glove. Nonresident participants must pay an additional \$10. For information on a park near you, call 770.473.3800 or visit us on the web at www.claytoncountyathletics.org.

Youth Softball

Clayton County Softball Registration for the spring 2011 season will take place January 31st through February 5th, Monday-Friday from 5pm-8pm, and Saturday 10am-4pm. Registration will be held at the Virginia Gray, Carl Rhodenizer, and Jim Huie Recreation Centers, and the Nassau Building at Clayton County International Park (The Beach). Kids ages 7 through 14 may participate. The Season opens April 18, 2011. The cost is \$115, which includes a game uniform, team pictures, and a participation award. Participants must provide their own bat and glove. Nonresident participants must pay an additional \$10. For information on a park near you, call 770.473.3800 or visit us on the web at www.claytoncountyathletics.org.

Youth Track & Field

Clayton County Track & Field Registration for the spring 2011 season will take place January 31st through February 5th, Monday-Friday from 5pm-8pm, and Saturday 10am-4pm. Registration will be held at the Virginia Gray, Carl Rhodenizer, and Jim Huie Recreation Centers, and the Nassau Building at Clayton County International Park (The Beach). Kids ages 7 through 14 may participate. The Season opens March 7, 2011. The cost is \$65, which includes a uniform, team pictures, and a participation award. Nonresident participants must pay an additional \$10.

We need Coaches for all of our Youth Sports programs. Experience is not required.

We will train you and give you everything you need to successfully manage your team.

If you are interested in volunteering for the kids in our community, please call 770-473-3800 or visit our website at www.claytoncountyathletics.org. Email: claytonathletics@gmail.com

Youth and Adult Athletics

(There is an additional \$10.00 Fee for all non-resident participants)

ADULT LEAGUES

Adult Flag Football

Team Registration will begin Monday, August 2, and continue through Tuesday, August 31. Leagues will begin play on Sunday, September 12. Games will be played on Sundays on Lovejoy Soccer fields at the Gerald Matthews Complex. The cost for the league is \$400.00 per team for an 8 to 12 game schedule. Individuals desiring to be placed on a team may contact the Athletic Division to be placed on a pick-up list during the month of August. For more information, please call 770-473-3800.

Adult Softball

Team registration for summer/fall league softball for Lovejoy Regional Park will begin Monday, July 5 for all teams. All registration will end Friday, July 30th. Leagues will be offered for Men's, Women's, and Coed teams of all classes. Leagues will begin play in mid-August. Registration is \$450.00 per team. Individuals may also contact the Athletic Division to be placed on a team. For more information, please contact the Athletic Division at 770-473-3800.

Friday Night One-Pitch Tournaments

Adult One Pitch Softball Tournaments are currently taking place every Friday Night at Lovejoy Regional Park. Team registration is on a weekly basis for each tournament. Team entry fees are \$50.00 per team and \$10.00 per game. Tournaments are every Friday Night until October. Several awards will be presented to teams participating in consecutive tournaments.

GERALD A MATTHEWS COMPLEX/LOVEJOY

Koboi Simpson – Athletic Superintendent

Nigel Grant – Athletic Supervisor

Perry Abrams – Track/Basketball Coordinator

Adeal Bell - Adult Softball Coordinator

Athletic Office: (770) 473-3800

CHEERLEADING & SPIRIT SPORTS

Tammie Thomas – Coordinator

Office: (770) 473-3952

PARK & PAVILION RENTALS

Nancy Jenkins - Coordinator / Office: (770) 473-3952

PANHANDLE PARK

Casinious Moore – Coordinator

Park Office: (770) 473-5730

JONESBORO/RUM CREEK PARK

Willie Turnipseed –Coordinator

Park Office: (770) 473-5730

MORROW-LAKE CITY PARK

Bill Boyd – Coordinator

Park Office: (770) 603-5294

NORTH CLAYTON/FLAT SHOALS PARK

Donald Shockley – Coordinator

Park Office: (770) 472-7623

REX PARK

Greg Tate – Coordinator

Park Office: (770) 473-5731



We need Coaches for all of our Youth Sports programs. Experience is not required. We will train you and give you everything you need to successfully manage your team. If you are interested in volunteering for the kids in our community, please call 770-473-3800 or visit our website at www.claytoncountyathletics.org. Email: claytonathletics@gmail.com

Adventure Recreation and Nature Programs

Pre-registration is required for all programs. Most programs may be scheduled for alternate dates for groups of 5 or more.

For more information please call the Reynolds Nature Preserve Center at 770-603-4188.

The Preserve is open 7 days a week from 8:00am until dusk and the Nature Center is open Monday through Friday from 8:00am until 5:00pm



YOUNG NATURALIST CAMP

Join the rangers at Reynolds for a week long environmental adventure! Participants will explore the rich habitat of the preserve, learning about its native flora and fauna, cultural history and much, much more during this daily camp.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8-12	M-F	9:00am-12:00pm	Oct. 11-15	Reynolds	Will Wagner John Williams	\$60.00

TEAM BUILDING

Communication and cooperation is key in this workshop which teaches "team player" skills. Pre-register for groups of 8+.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
ALL		Please call center for details.		Reynolds	Will Wagner	\$4.00

NATURE WALK

Reynolds is a natural woodland habitat with 4.5 miles of trails. Explore a small bit of Clayton County's hidden gem with an experienced naturalist.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-7	TH	3:00-4:30pm	Sept. 9	Reynolds	John Williams	\$4.00

NATIVE DAYS

Georgia was once home to the Cherokee. Explore a bit of their ways of life with Ranger Will.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8-10	TH	2:00-3:00pm	Sept. 16	Reynolds	Will Wagner	\$4.00

BUILD A BAT HOUSE

A single bat can eat up to 800 bugs in one night! Build a home for these unique winged mammals in preparation for the mosquito population that will undoubtedly inhabit your backyard this summer. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	W	3:00-4:30pm	Oct. 13	Reynolds	John Williams	\$12.00

FISHY BUSINESS

What is Ichthyology? Learn about this unique finned and gilled creature that lives and breathes under water.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	W	1:30-3:00pm	August 18	Reynolds	Will Wagner	\$4.00

ORIENTEERING

Planning a summer hike in the woods? Be prepared for the great outdoors with basic compass and map skills. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	T	1:30-3:00pm	Sept. 28	Reynolds	Will Wagner	\$4.00

BUILD A SCREECH OWL HOUSE

Invite these unique birds into your backyard by building a home for them. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	W	3:00-4:00pm	Sept. 22	Reynolds	John Williams	\$12.00

THRASHER BASH

Explore the woods at Reynolds learning about the state bird of Georgia. Participants will take home an ideal habitat and food source to welcome these birds into their own backyards.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	T	1:30-3:00pm	Oct. 5	Reynolds	Will Wagner	\$7.00

SSSSNAKES...

The nature center is home to 6 snakes native to Georgia. Join a Ranger for a hands on program.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7-12	T	3:00-4:00pm	Nov. 9	Reynolds	John Williams	\$4.00

Adventure Recreation and Nature Programs

HOOT HUNT

Georgia is home to four native owls. Wander the trails of Reynolds at night in search of these winged nocturnal predators.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7-12	TH	6:00-7:30pm	November 18	Reynolds	John Williams	\$4.00

AFTER SCHOOL MATINEE

The Lorax, by Dr. Seuss is a classic story that sends a lasting message... a must see for all future environmentalists! Pre-registration required.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-10	W	4:30-5:30pm	December 1	Reynolds	Stephanie Berens	Free (Donation Suggested)

YULE LOG CELEBRATION

Join us for an evening of music, refreshments, and fund as we follow a candlelit path through the woods to a bonfire for a live theatrical performance and a search for the fabled Yule Log.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
ALL	F	7:00pm	December 10	Reynolds	RNP Staff	FREE

Dance Classes

CHICAGO STYLE STEPPING

This class incorporates general health benefits through leg, upper arm, cardio and abdominal workouts. This is a relaxed form of ballroom dancing. Comfortable shoes are a must - heels for women and leather-soled shoes for men.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	TH/SAT	6:30-7:30pm	Aug 16-Dec 11	Carl Rhodenizer	Mrs. James	Session I, II, III: \$35

HIP HOP DANCE

This class teaches participants the basics of hip hop choreography and style while having fun and getting in shape.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7-17	SAT	10:00-11:00am	Aug 16-Dec 11	Jim Huie	Cassandra Sanders	Session I, II, III: \$22

BALLET & JAZZ

A fun combination and technique of ballet and jazz that uses a bar for a portion of the class.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-7	SAT	9:00-10:00am	Aug 16-Dec 11	Carl Rhodenizer	Hargis	Session I, II, III: \$24
7+	SAT	10:00-11:00am	Aug 16-Dec 11	Carl Rhodenizer	Hargis	Session I, II, III: \$24

BALLET, TAP & JAZZ

Learn the structure of dance with exercise and movements such as stretching and warm up galloping and jumping.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	M/W	5:10-5:55pm	Aug 16-Dec 11	Jim Huie	Sherona Mumphery	Session I, II, III: \$20
6-10	M/W	6:00-6:50pm	Aug 16-Dec 11	Jim Huie	Sherona Mumphery	Session I, II, III: \$20
5-12	W	6:00-6:45pm	Aug 16-Dec 11	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20

BALLET (Beginner)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-8	SAT	11:45-12:30pm	Aug 16-Dec 11	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20

Tap

7-12	SAT	12:45-1:15pm	Aug 16-Dec 11	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$15
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Baby Tap

3-5	SAT	11:00-11:30am	Aug 16-Dec 11	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$15
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Jazz

7-12	SAT	1:30-2:15pm	Aug 16-Dec 11	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20
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CREATIVE MOVEMENT

Children use their imaginations and movement is free and expressive in this fundamental dance and exercise.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	SAT	10:00-10:45am	Aug 16-Dec 11	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20

BALLROOM DANCING

This class gives you agility, builds strength and flexibility in your legs and arms.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M	6:30-7:30pm	Aug 16-Dec 11	Carl Rhodenizer	Rhonda Willis	Session I, II, III: \$24

Martial Arts

TAE KWON DO

Improves physical and mental skills, balance, coordination, strength, flexibility and self esteem.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
4-9	T	6:00-7:00pm	Aug 16-Dec 11	Carl Rhodenizer	Howell	Session I, II, III: \$28
10+	W	6:00-7:00pm	Aug 16-Dec 11	Carl Rhodenizer	Howell	Session I, II, III: \$28
18+	W	7:00-8:00pm	Aug 16-Dec 11	Carl Rhodenizer	Howell	Session I, II, III: \$28
6+	T	6:15-7:30pm	Aug 16-Dec 11	Virginia B. Gray	Chaouki Tabet	Session I, II, III: \$35
	SAT	10:00-12:00pm				

ISSHIN-RYU KARATE

Punch, kick, block and formal techniques on how to fall as well as street awareness and grappling.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
9+	M/W	7:00-8:30pm	Aug 16-Dec 11	Jim Huie	Keith Lowry	Session I, II, III: \$35

WHITE KNUCKLES BOXING

Teaches discipline, desire and determination through the art of boxing

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5+	TH	6:00-7:00pm	Aug 16-Dec 11	Virginia B. Gray	Charles Mitchell	Session I, II, III: \$45

YOUTH BOXING Beginners/Advanced

This class is designed to teach basics and proper defense and offensive stance along with drills on foot work and punch drills.

This class is taught by a trained boxing professional.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8-18 (BEG)	FRI	6:00-7:00pm	Aug 16-Dec 11	Jim Huie	Brandon Wilcox	Session I, II, III: \$35
	SAT	12:30-1:30pm				
8-18 (ADV)	FRI	7:00-8:30pm	Aug 16-Dec 11	Jim Huie	Brandon Wilcox	Session I, II, III: \$35
	SAT	1:40-3:00pm				

BEGINNER TAI-CHI

Learn movements and postures in martial arts applied to improving mental and physical wellness. These exercises will help correct internal and external health problems, increase flexibility, balance and improve the function of internal organ systems, resulting in better health and longevity.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	SAT	10:30-11:30am	Aug 16-Dec 11	Virginia B. Gray	Tri Le	Session I, II, III: \$20

Gymnastics and Cheerleading

BASIC CHEERLEADING / CHEER BABY

Learn the fundamentals of cheerleading in a non-competitive environment.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7+	M	7:00-8:00pm	Aug 16-Dec 11	Carl Rhodenizer	Natlie Cole	Session I, II, III: \$24
4-7	W	6:15-7:15pm	Aug 16-Dec 11	Jim Huie	Renee Morris	Session I, II, III: \$25
8-14	W	7:15-8:15pm	Aug 16-Dec 11	Jim Huie	Renee Morris	Session I, II, III: \$25
3-5	TH	6:15-7:15pm	Aug 16-Dec 11	Carl Rhodenizer	Natalie Cole	Session I, II, III: \$24

TUMBLING / GYMNASTICS / KIDNASTICS

Practiced by men and women, gymnastics incorporates rolls, back tucks, handsprings, round offs, and cartwheels.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3+	TH	7:30-8:30pm	Aug 16-Dec 11	Carl Rhodenizer	Natlie Cole	Session I, II, III: \$24
6-12	F (GYM)	5:30-6:30pm	Aug 16-Dec 11	Jim Huie	Cassandra Sanders	Session I, II, III: \$20
4-8	T (TUM)	5:45-6:35pm	Aug 16-Dec 11	Jim Huie	Natlie Cole	Session I, II, III: \$25
8-14	T (TUM)	6:45-7:35pm	Aug 16-Dec 11	Jim Huie	Natlie Cole	Session I, II, III: \$25
3-7	M	6:00-7:00pm	Aug 16-Dec 11	Carl Rhodenizer	Natlie Cole	Session I, II, III: \$24

Arts & Crafts

CERAMICS / PORCELAIN DOLLS

Students will make figurines, cups, faces, etc. using printing methods.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T	7:00-9:00pm	Aug 16-Dec 11	Jim Huie	Kate Jessop	Session I, II, III: \$25

Therapeutic Recreation

Therapeutic Recreation Programs are designed with an emphasis on education, leisure, sports, and socialization. Our goals are to provide educational and recreational opportunity to people with disabilities, to address such issues as self-esteem, motor skills, appropriate social skills, and the opportunity to participate and have FUN! Parent/Child Interview required before registration for any programs.

FLASHBACK DANCE

Come dress in your favorite outfit from the 50's, 60's, 70's or 80's. There will be live music, food and fun. Pre-registration is required.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	FRI	7:00-9:00pm	Aug 20	Jim Huie	(770) 472-8042	\$5.00 Admission

CHEW N' CHAT SOCIAL CLUB

Are you ever bored on a Friday night? If so, the TR Social Club is the place to be. Activities will include game nights, arts & crafts, gym play, movies, discussion time, etc. So come on out and have some fun.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	FRI	6:30-8:30pm	Aug 27, Oct 29	Carl Rhodenizer	(770) 472-8042	\$3.00 per Social

FAMILY BINGO NITE

For participants and their families. B.I.N.G.O. will be played in a variety of ways. You must pre-register by phone.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	FRI	6:30-8:30pm	Sept 24	Carl Rhodenizer	(770) 472-8042	No Charge

CRAFTY CREATIONS

Feeling Artsy? Come explore your artistic side with us.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
ALL	W	6:30-7:30pm	Aug 16-Sept 18	Carl Rhodenizer	(770) 472-8042	Session I / No Charge

LINE DANCING

Come learn some of the latest line dances. This class is open to participants and families.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	W	6:30-7:30pm	Sept 27-Oct 30	Carl Rhodenizer	(770) 472-8042	Session II / No Charge

SPORTS AND FITNESS 101

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	W	6:30-7:30pm	Nov 8-Dec 11	Carl Rhodenizer	(770) 472-8042	Session III / No Charge

PRESCHOOL ZONE

A fun-filled hour of creative play that includes art, gym play, games, puzzles and more.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
3-6	W	4:00-5:00pm	Aug 18, Sept 8, Oct 13, Nov 10, Dec 8	Jim Huie	(770) 472-8042	\$5.00 Admission

HORSE BACK RIDING

Therapeutic horseback riding is a program to help special needs children and adults an opportunity to develop and grow through recreational activities with horses. This program will allow its participants to increase physical, social and communication skills.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
10+	TH	5:00-6:00pm	Aug 16-Dec 11	Jim Huie	(770) 472-8042	Session I,II,III: \$25.00

TR HALLOWEEN DANCE

Costume dance for special needs children and adults. This event is filled with fun, food and music. This event allows participants to mix and mingle and enhance their social skills. This event will also help in building confidence and self esteem.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
ALL	S	7:00-9:00pm	Oct 23	Jim Huie	(770) 472-8042	\$5.00 per person

YOGA

Instructor-based class designed to teach the basic fundamental moves and positions. This class will be exclusively for special needs participants and their families. The class involves basic stretches to increase flexibility, build muscles, strengthen the spine, increase strength and tone. *There are special requirements for this program.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
15+	TH	6:00-7:00pm	Aug 16-Dec 11	Jim Huie	(770) 472-8042	Session I, II, III: \$17.50

Aquatic Classes

YOUTH SWIM LESSONS

(Swim Lesson Provided by Tara Tarpons Swim Association)

The Aquatic Center is offering Youth Swim Lessons for ages 3-17. (Youth Swim Lessons will be broken down into two week sessions. Each session includes eight 40 minute lessons. Each time slot will include instructors for all swim levels. Classes will be held Tuesday and Thursday with make-ups on Saturdays. Each class will be **limited to 20 participants**. Early registration is recommended. The cost for each session is \$45.

PM Sessions: 5:45-6:25, 6:30-7:10, 7:15-7:55

Dates of Swim Lessons	Registration
September 7 - September 30	Begins Monday, August 23
October 5 - October 28	Begins Monday, September 30
November 2 - December 2	Begins Monday, October 18
*** No Classes Week of Thanksgiving: November 22-26 ***	
January 4 - January 27	Begins Monday, December 13

ADULT SWIM LESSONS

The Aquatic Center is accepting registration for Adult Swim Lessons. Adult Swim lessons will be broken down into two week sessions. Each session includes four (45 min.) lessons. Lessons will be broken down into 2 combined levels including Swim Basic & Stroke Development. Classes are offered Tues. & Thurs. / 6:00-6:45. Each session is \$45. Registration Deadlines: Classes will be formed based on demand. Please contact Jimmie Jones at 678-479-5134 for more information.

YOUTH AND ADULT COMPETITIVE SWIMMING & DIVING

Contact: Tara Tarpons 678-858-4824

The Steve Lundquist Aquatic Center host a USA competitive Swim and Dive Team.

H2O WORKS

Resistance exercise using hand buoys, tubing, and medicine balls.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
13+	M/W	6:15-7:15pm	Aug 16-Dec 11	Steve Lundquist	Okechi Furlow	Session I, II, III: \$35
13+	SAT	10:00-11:00am	Aug 16-Dec 11	Virginia B. Gray	Chandra Gilchrist	Session I, II, III: \$18
13+	MON	7:15-8:15pm	Aug 16-Dec 11	Virginia B. Gray	Chandra Gilchrist	Session I, II, III: \$18

AQUA FUSION

Boxing drills, relay games, and resistance work using hand buoys, tubing, and medicine balls to work the upper/lower body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:30-7:30pm	Aug 16-Dec 11	Steve Lundquist	Terri Adams	Session I, II, III: \$35
15+	T/TH	6:00-7:00pm	Aug 16-Dec 11	Virginia B. Gray	Reginald Bohannon	Session I, II, III: \$35
15+	T/TH	7:15-8:15pm	Aug 16-Dec 11	Virginia B. Gray	Reginald Bohannon	Session I, II, III: \$35

AQUA AEROBICS

This class combines cardio exercises with toning exercises for the upper and lower body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	11:00-12:00pm	Aug 16-Dec 11	Steve Lundquist	Sonya Jefferson	Session I, II, III: \$35

LEARN TO SWIM (LEVEL 1)

This is an introduction class to water skills. Give your child the skills they need to be safe in, on and around the water.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-12	M/W	5:00-5:30pm	May 17-Aug 7	Virginia B. Gray	Mikala Glanton	Session I, II: \$48/\$40
21+	M/W	6:30-7:00pm	May 17-Aug 7	Virginia B. Gray	Mikala Glanton	Session I, II: \$48/\$40

LEARN TO SWIM (LEVEL 2)

For students who have completed Level 1 will gain fundamental aquatic skills while being safe in, on and around the water.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-12	M/W	5:45-6:15pm	May 17-Aug 7	Virginia B. Gray	Mikala Glanton	Session I, II: \$48/\$40

Aquatic Classes

AQUA BOOTCAMP

This high intensity class involves cardio workout and resistance work using tubing, hand buoys and medicine balls.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	FRI	6:15-7:15pm	Aug 16-Dec 11	Steve Lundquist	Terrie Adams	Session I, II, III: \$17.50
15+	SAT	10:15-11:15am	Aug 16-Dec 11	Steve Lundquist	Leslie King	Session I, II, III: \$17.50

PARENT / TOT SWIMMING

Parents enjoy an aquatics experience with your toddler. Toddlers are to wear a swim diaper. (1 adult/child)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
0-2	FRI	8:30-9:15am	Aug 16-Dec 11	Steve Lundquist	Certified Lifeguard	No Charge

ARTHRITIS AEROBICS

This is a gentle workout to exercise the joints, build endurance and stamina according to the Arthritis Foundation guidelines.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	SAT	9:00-10:00am	Aug 16-Dec 11	Steve Lundquist	Leslie King	Session I, II, III: \$17.50
15+	T/TH	5:15-6:15pm	Aug 16-Dec 11	Steve Lundquist	Sonya Jefferson	Session I, II, III: \$35
15+	T/TH	5:15-6:15pm	May 17-Aug 7	Steve Lundquist	Sonya Jefferson	Session I, II: \$42/\$35

FAMILY SWIM NIGHT

Enjoy pool activities as a family while the Carl Rhodenizer Recreation Center provides an entertaining atmosphere dedicated to the families of the recreation community.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	SAT	3:00-5:00pm	June 12, July 17	Carl Rhodenizer	Ahmed Johnson	No Charge

Cards / Games

GAME ROOM HAPPENINGS

Daily programs are offered at the Jim Huie Recreation Center, come and enjoy the competition. At the end of each month, a tournament will be scheduled for each program, prizes and awards will be given to participants. Sign up sheets will be posted in the gymnasium.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-18	M-F	5:30-9:00pm	Aug 16-Dec 11	Jim Huie	TBA	No Charge

DOMINOS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
30+	F	7:00-8:00pm	Aug 16-Dec 11	Carl Rhodenizer	Staff	No Charge

BIZ WIZ

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
30+	T	7:00-8:00pm	Aug 16-Dec 11	Carl Rhodenizer	Staff	No Charge

INTRODUCTION TO CHESS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	T (1st)	6:00-7:00pm	June 1, July 6	Virginia B. Gray	Staff	No Charge

THE CHESS ELITE AND SCRABBLE

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	T	6:00-8:00pm	Aug 16-Dec 11	Virginia B. Gray	Staff	No Charge

PIZZA AND PUZZLES

Pizza and puzzles is a preschool program designed to help toddlers learn about puzzles and placing things where they fit. This program is sponsored by Hungry Howies Pizza.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
2-6	TH (1st & 3rd)	6:30-7:30pm	Aug 16-Dec 11	Jim Huie	Staff	No Charge

Special Interest Classes / Activities

P.A.R.K. AFTER SCHOOL PROGRAM

More than just your average after school program, students will be exposed to various sports such as basketball and soccer, theme based activities, field trips and a great learning environment. Homework time and life skills are two very important aspects of this after school program. If you are seeking an extraordinary afterschool experience for your child, this is the place! Registration is ongoing.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-14	M-F	2:30-6:30pm	Aug 16-Dec 11	Carl Rhodenizer	Staff	\$50 Weekly Registration Fee
5-14	M-F	2:30-6:30pm	Aug 16-Dec 11	Jim Huie	Staff	\$50 Weekly Registration Fee
5-14	M-F	2:30-6:30pm	Aug 16-Dec 11	Virginia B. Gray	Staff	\$50 Weekly Registration Fee

TEEN PROGRAM

Become a part of a growing experience. you will have the opportunity to create a foundation for your future. Your ideas, voice, and visions will be heard if you become a part of the Clayton County Parks and Recreation Teen Clubs.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
13-17	FRI (3rd)	6:30-7:30pm	Aug 16-Dec 11	Carl Rhodenizer	Ahmed Johnson	No Charge
13-17	T (2nd)	6:00pm	Aug 16-Dec 11	Jim Huie	Shacole Pearman	No Charge
13-17	FRI (2nd)	6:00pm	Aug 16-Dec 11	Virginia B. Gray	Mikala Glanton	No Charge

TAKE CONTROL OF YOUR MONEY

The Clayton County Extension office is offering information about money management.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	T (1st)	6:00-8:00pm	Aug 16-Dec 11	Jim Huie	Extension Staff	No Charge

BOY SCOUTS

Scouting is an outdoor program designed to develop character, citizenship, and fitness.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-10	TH	6:30-7:30pm	Aug 16-Dec 11	Carl Rhodenizer	Ramon Montgomery	Call: 404-917-4558

GIRL SCOUTS

A informal experimental and cooperative education program that promotes girls growth and leadership.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-15	SAT (2&4)	1:00-4:00pm	Aug 16-Dec 11	Carl Rhodenizer	Deborah Burke	TBA

VIRGINIA GRAY CAFE

Open mic, spoken word and poetry. An opportunity to express yourself in an open and intimate setting.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	TH (3rd)	7:00-8:30pm	Aug 19, Sept 16, Oct 21, Nov 18	Virginia B. Gray	Staff	No Charge

VIRGINIA GRAY HEALTH AND FITNESS CLUB

Discuss various health topics and learn how to take better care of your body and maintain a high quality of life.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	SAT	10:00-12:00pm	Aug 27, Sept 24, Oct 30, Nov 27	Virginia B. Gray	Staff	No Charge

FAMILY FUN NIGHT

Bring the entire family to enjoy a night of fun at the recreation center to include arts and crafts, board games, gym games (indoor soccer, badminton, slow motion tag, floor hockey, etc).

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	FRI	6:30-8:00pm	Aug 27, Sept 24, Oct 29	Virginia B. Gray	Staff	No Charge

PARENT'S NIGHT OFF

Take a "night off" from your kids and bring them to the recreation center for supervised activities. Registration Required.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-12	FRI	6:30-8:30pm	Sept 3, Oct 1, Nov 5, Dec 3	Virginia B. Gray	Staff	No Charge

AFRICAN LANGUAGE

In today's Interconnected World of activities and human interactions, to speak more than one language is a plus.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5+	SAT	10:00-11:00am	Aug 16-Dec 11	Carl Rhodenizer	Dr. Ojior	No Charge

Special Interest Classes / Activities

G.I.R.L.S (GIRLY INTELLIGENT RADIANT LOVEABLE SISTAHS)

Girly Intelligent Radiant Loveable Sistahs is a program geared towards helping girls become better speakers. The program combines the art of public speaking and dance into one. This program will help build self-esteem and raise confidence. The focus of this programs is Unity. Mandatory Parent Meeting: August 26 at 6:30pm.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
10-12	M/W	6:15-7:30pm	Aug 16-Dec 11	Carl Rhodenizer	Staff	No Charge

BOOK CLUB

Each month the book club will read one book and discuss what the book is about and how they felt about it. The book club will encourage active readers to read more.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5+	SAT	10:00-11:00am	Aug 16-Dec 11	Carl Rhodenizer	Dr. Ojior	No Charge

ACTIVE HOMESCHOOLER

Need an outlet? Come by your local recreation center for organized activities. This is a program exclusively for children who are home schooled. Program will be held on Wednesday from 10:00-11:00am.

MAGICAL MORNINGS

Magical Mornings is a program for daycare centers and parents. This program involves entertainment and structured gym activities. Pre-registration is required. The program will not meet when Clayton County Public Schools are closed.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
2-5	W	11:30-12:30pm	Aug 16-Dec 11	Jim Huie	Staff	No Charge

BROOKDALE DINE AND DANCE CLUB

Seniors ages 55 and over are encouraged to attend once a week to have a good meal, socialize with nice people, and get good exercise by dancing. The club has provided an alcohol and smoke free environment for more than 20 years in Clayton County. Guests are encouraged to bring a covered dish.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
55+	FRI	6:00-8:45pm	Aug 16-Dec 11	Jim Huie	Club	Covered Dish

ACTIVIDAYS/SEASONAL CAMP

Register your child for a day or week of supervised activities including arts and crafts, gym games, swimming, fun times in the game room and field trips. Each participant must bring their own lunch and snack. Field trip fees are additional. Each recreation center is limited to 30 participants.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-13	M/T	7:00am-6:00pm	Oct 11-12	Jim Huie, Carl	Staff	\$50.00
5-13	T	7:00am-6:00pm	Nov 2	Rhodenizer and	Staff	\$15.00
5-13	M/T/W	7:00am-6:00pm	Nov 22-24	Virginia Gray	Staff	\$50.00
5-13	M/T/W	7:00am-6:00pm	Dec 20-22	Recreation Center	Staff	\$50.00
5-13	M-TH	7:00am-6:00pm	Dec 27-30		Staff	\$50.00

Special Events

2nd Annual Festival and Barbecue / Lake Spivey Road Race

Saturday, October 2, 2010 / Join in the fun with entertainment, games, activities and more! The Barbeque competition is designed to target more than just the Barbeque enthusiast and consist of categories such as Seafood, Ribs, Chicken, Brunswick Stew and BBQ Sauce. The Lake Spivey Road Race consists of two main features that draw runners to this event, the 15K and the 5K Run / Walk. For additional information visit: www.kidsoutdoorsga.org or www.lakespiveyroadrace.org

LIGHTS ON AFTERSCHOOL

Music, food, fun, games and more! October 21, 2010 from 5:00pm until 7:00pm at Clayton County International Park "The Beach." Cost is free.

FALL FESTIVAL and TRAIL OF TERROR

October 23, 2010 from 1:00pm until 7:00pm for a Fall Festival at Clayton County International Park "The Beach." A movie under the stars will complete this event!

October 27-30, 2010 Clayton County International Park "The Beach" will host a haunted trail "Trail of Terror" from 7:30pm until 10:00pm on Wednesday and Thursday, 7:30pm until 11:00pm on Friday and Saturday. Cost is \$5 per person.

FESTIVAL OF TREES AND LIGHTS

Located at Clayton County International Park "The Beach" from December 3-19, 2010 from 6:00pm until 9:00pm. Cost is \$7 per car, \$10 per van, and \$20 per bus.

Clayton County Parks & Recreation
 2300 Highway 138, S.E
 Jonesboro, GA 30236



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