

Clayton County Athletics Meeting Minutes

March 2, 2015

Call to order

Koboi Simpson called to order the regular meeting of the **Athletic Staff** at **10:00am** on **March 2nd, 2015** at the **South Clayton Rec. Center**.

Roll call

The following persons were present **John Mondy, Willie Turnipseed, Casinius Moore, Don Shockley, Sequellia Logan, Nigel Grant, Tammie Thomas and Koboi Simpson**.

Old Business

- Winter Programming Updates
- Incident/ Accident Reports – No reported incidents from the Championship weekend for basketball.
- Post-Season Survey – The survey will be sent to participants this week.
- Baseball Coaching Credentialing:
- Coaches List – Coaches list need to be turned into Koboi as soon as possible so he can determine which backgrounds to run.
- Background Checks – Koboi will submit background checks this week.
- Doyle Certification List – Doyle has sent a list of all Coaches who attended certification to Koboi.
- USA Football Player Safety Coach Certification – Saturday, May 30th @ Flowery Branch – Coordinators will attend this certification.
- Photo Galleries – Photo galleries for each sport will be developed for each Coordinators Office area showing participants in the program in action. There will also be a gallery developed for the website for each sport.

New Business

- **USA Football National Conference Update:**
- Practice Guidelines – A handout was given to the Coordinators to illustrate practice guidelines for youth football. The guidelines will be taught to CCFL Coaches by the Clayton Athletics staff. Guideline 1: Acclimatization, CCFL will increase from 5 days to 10 to 14 days of acclimatization. Guideline 2: Defining “full contact” there have been 5 levels of contact that have been defined 1) Air, 2) Bags, 3) Control, 4) Thud, 5) Live Action. Air – Players run a drill unopposed without practice. Bags – Drill is run against a bag or another soft-contact surface. Control – Drill is run at assigned speed until the moment of contact and contact remains above the waist and players stay on their feet. Thud – Drill is run at assigned speed to competitive speed throughout the moment of contact, contact remains above the waist, players remain on their feet and a quick whistle ends the drill. Live Action – Drill is run in game-like conditions and is the only time that players are taken to the ground. Koboi will develop a teaching plan for the coaches to be taught these guidelines. Guideline 3: Recommended number of practices and amount of “full contact” drills per week. Preseason Recommendation- no more the 4 practices per week, Regular Season Recommendation- no more than 3 practices per week to account for the weekly game. Guideline 4: Coaches need to prepare a practice plan for each practice.
- Levels of Contact – A Practice plan will be developed and taught to the coaches regarding levels of contact and the explanation of each level.
- CCFL Meeting (Head Coaches) – A meeting with CCFL head-coaches will be held by Koboi. He will email Coaches to confirm the time and date.
- Court Case Regarding Volunteer Status (Reading) – The article was read and discussed by the staff. As we move forward the Athletics staff needs to be more aware of how we conduct ourselves when working with volunteers.
- Baseball Scheduling – The staff will create the baseball schedules together. Teams have been declared. Teams will be loaded into Splendid City and the schedules will be worked on this week.

Reminders:

Next Meeting will be Monday, March 9th at 10:00am at the South Clayton Recreation Center.

Koboi Simpson adjourned the meeting at 12:45pm

Minutes submitted by: John Mondy